

D3182 - Psychosocial Aspects of Health Behaviour Change (Current Academic Year)

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11 items

Health behavior change: a guide for practitioners - Pip Mason, 2019

Book

The handbook of health behavior change - 2018

Book

The handbook of health behavior change - 2014

Book

Health psychology - Karen Rodham, 2010

Book

Health psychology: a textbook - Jane Ogden, 2012

Book

Health Psychology: a textbook - Jane Ogden, 2012

Book

Health psychology: an introduction to behavior and health - Linda Brannon, Jess Feist, John A. Updegraff, 2014

Book

Health psychology in practice - Susan Michie, Charles Abraham, c2004

Book

Rethinking health psychology - Michele L. Crossley, 2000

Book

Rethinking health psychology - Michele L. Crossley, 2000

Book

Individual-Level Behavior Change Strategies to Promote Physical Activity - Kyle J. Davis, Samuel Hubley, Jenn Leiferman

Chapter | **Recommended** | Useful textbook with North American focus. Have a look at the introduction and context for the book. Good overview of key topics.