

# X1024 - Foundations of Psychology 2018-19 (Current Academic Year)

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X1024 - Foundations of Psychology 2018-19

74 items

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## Week 1 - Foundations of Psychology (8 items)

Welcome to Foundations of Psychology! Below you will find all the resources that you need for this module. The brief narrative will guide you through the reading and explain the purpose in reading certain texts. Be aware that you do not have to constrain yourself to what's outlined below. If you feel like reading more about certain topics then always feel free to explore the LRC's database or contact me directly (MGibson@qmu.ac.uk) to ask about further reading.

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### X1024 - Foundations of Psychology Module Descriptor

**Document** | **Essential** | It is essential that you read this so that you are familiar with the format and structure of the module. Always read your module documents, both now and in future.

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**Chapter 1 - Introducing psychology's history** - in A history of modern psychology, by Goodwin, C.J., 2015

**Chapter** | **Essential** | Module: X1024 (Scanned Extract).

This should be your first reading for this module. This sets the scene very nicely for you and outlines some of the issues to be aware of for the coming weeks when dealing with historical content. We try to provide scans of chapters (like this one) where we can but copyright law means we can only provide 1 or 2 from each textbook. So for the rest of modules readings you will have to access the readings the old (and best) way, by going down to the library to get the hard copy.

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**Chapters 1 & 2** - in Psychology: Six Perspectives, by Dodge Fernald, 2007

**Chapter** | **Essential** | This reading should be done after having read Goodwin's chapter. This covers some similar issues but also provides more detail about the origins and development of psychology. Students should note that this is now available as an e-book. Click on this resource and then select 'check for title in other formats' to access the e-book.

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**Chapter 1 - Understanding Psychology's History** - in A History of Psychology: A Global Perspective, by Eric Shiraev, 2014

**Chapter** | **Recommended**

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**The philosophical context** - in A history of modern psychology, by Goodwin, C.J., 2015

**Chapter** | **Background** | Module: X1024 (Scanned Extract)

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**Chapter 2 - Early Psychological Knowledge** - in A History of Psychology: A Global Perspective, by Eric Shiraev, 2014

**Chapter** | Background

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**Chapter 3 - Psychology During Mid-Millennium Transitions** - in A History of Psychology: A Global Perspective, by Eric Shiraev, 2014

**Chapter** | Background

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**Chapter 3** - in History of Modern Experimental Psychology: From James and Wundt to Cognitive Science, by George Mandler, 2007

**Chapter** | Background

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## Week 2 - Behaviourism (11 items)

Behaviourism is not the earliest movement that we will examine but it will be our first. As we examine our first historical movement, it's important to bear in mind that the context in which the movement arose is very important. We will explore how this movement grew, developed, dominated and then declined.

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**Chapter 10 - The Origins of Behaviourism** - in A History of Modern Psychology, by C. James Goodwin, 2014

**Chapter** | **Essential** | This, along with Chapter 11 below, is essential to building your understanding of the behaviourist movement in terms of what it meant to be a behaviourist psychologist and why behaviourism came to be.

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**Chapter 11 - The Evolution of Behaviourism** - in A History of Modern Psychology, by C. James Goodwin, 2014

**Chapter** | **Essential**

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**Chapter 5: Behaviourism** - in Psychology: Six Perspectives, by Dodge Fernald, 2007

**Chapter** | **Essential** | This will provide a complimentary narrative to your reading of Goodwin's textbook. This includes a focus on some different aspects of behaviourism.

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**Psychology as the behaviorist views it.** - in Psychological Review, by Watson, John B.. Johns Hopkins U, 1913

**Article** | **Recommended**

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**Can psychology be a science of mind?** - in American Psychologist, by Skinner, B. F.. Harvard U, MA, US, 1990

**Article** | **Recommended**

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**Chapter 8: Edward L. Thorndike (1874-1949): Cats in Puzzle Boxes** - in Annotated Readings in the History of Modern Psychology, 2009

**Chapter** | **Recommended**

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**Chapter 17: Ivan Pavlov (1849-1936): Conditioned Reflexes** - in Annotated Readings in the History of Modern Psychology, 2009

**Chapter** | **Recommended**

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**Radical behaviorism and psychology's public: B. F. Skinner in the popular press, 1934-1990.** - in History of Psychology, by Rutherford, Alexandra. York U, Dept of Psychology, North York, ON, Canada, 2000

[Article](#) | [Background](#)

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**Pigeons in a pelican.** - in American Psychologist, by Skinner, B. F.. Harvard U., 1960

[Article](#) | [Background](#)

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**Chapter 6** - in History of Modern Experimental Psychology: From James and Wundt to Cognitive Science, by George Mandler, 2007

[Chapter](#) | [Background](#)

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**Chapters 5 & 7** - in A History of Psychology: A Global Perspective, by Eric Shiraev, 2014

[Chapter](#) | [Background](#)

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## Week 3 - Cognitivism (6 items)

After the decline of behaviourism, a new movement emerged in a period which is often referred to as the "cognitive revolution". The term "revolution" is a bit misleading as the transition it describes wasn't very fast or organised and didn't result in something entirely new.

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**Chapter 14 - Psychology's Researchers** - in A History of Modern Psychology, by C. James Goodwin, 2014

[Chapter](#) | **Essential** | This reading will lead you through the return to dominance of the cognitive perspective and draw your attention to critical historical events which influenced the development of thought in psychology at this turbulent point in history. The result of the trend was the establishment of what we now call Cognitive Psychology.

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**Chapter 7: Cognitive Psychology** - in Psychology: Six Perspectives, by Dodge Fernald, 2007

[Chapter](#) | **Essential**

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**Chapter 12 - Humanistic & Cognitive Psychology** - in A History of Psychology: A Global Perspective, by Eric Shiraev, 2014

[Chapter](#) | **Recommended**

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**Chapter 10** - in History of Modern Experimental Psychology: From James and Wundt to Cognitive Science, by George Mandler, 2007

[Chapter](#) | [Background](#)

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**Chapter 9 - Gestalt Psychology** - in A History of Modern Psychology, by C. James Goodwin, 2014

[Chapter](#) | [Background](#)

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**Chapter 13: Kurt Kofka (1886-1941): Gestalt Psychology and Perception** - in Annotated Readings in the History of Modern Psychology, 2009

[Chapter](#) | [Background](#)

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## Week 4 - Evolution, Psychology & the Early Study of Individual Differences (4 items)

Now that we have explored the 2 greatest movements in psychology over the past

century, we will explore other strands of the story to be told. This week we will explore the origins of evolutionary theory, the theories of evolution by natural selection and sexual selection and we will consider the impact of these on psychology.

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**Chapter 5 - Darwin's Century: Evolutionary Thinking** - in A History of Modern Psychology, by C. James Goodwin, 2014

**Chapter** | **Essential** | This chapter will outline the precursors to Charles Darwin's theory of evolution, the theory itself, and will outline its subsequent influence on psychology both in terms of some of Darwin's own work on Emotion but also in terms of how it influenced others like his cousin, Sir Francis Galton.

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**Chapter 8: Evolutionary Psychology** - in Psychology: Six Perspectives, by Dodge Fernald, 2007

**Chapter** | **Essential**

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**Chapter 15: Francis Galton (1822-1911): The Inheritance of Mental Ability** - in Annotated Readings in the History of Modern Psychology, 2009

**Chapter** | **Essential**

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**Chapter 5 - Psychology & the Mass Society at the Beginning of the 20th Century** - in A History of Psychology: A Global Perspective, by Eric Shiraev, 2014

**Chapter** | **Recommended**

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## **Week 5 - Intelligence Testing: (Mis)Uses & it's History** (5 items)

Following last weeks lecture, we now look to examine how the rise of Eugenics theory coincided with a potential means of testing and classifying people based on their mental aptitude. The culmination of eugenics, combined with an alleged means of mental aptitude measurement, was ultimately seen in Nazi Germany but there is far more to this story than you may be aware of.

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**Chapter 8 - Applying the new Psychology** - in A History of Modern Psychology, by C. James Goodwin, 2014

**Chapter** | **Essential** | This chapter will take you through the development and implementation of some early intelligence tests and provide you with an understanding of the historical and social contexts in which these emerged.

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**IQ: a smart history of a failed idea**, by Stephen Murdoch, 2007

**Book** | **Recommended** | This text provides an account of how IQ tests have been used controversially since their creation and some criticism of the concept. You should not feel obliged to read the whole book as this won't be possible, but please do read selected chapters that interest you or at least the chapters that are referred to in class.

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**The Hereditarian Theory of IQ: an American invention** - in The mismeasure of man, by Gould, S. J., 1996

**Chapter** | **Recommended** | Scanned Extract (Module: X1024)

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**Chapter 16: Henry H. Goddard (1866-1957): The Kallikak Study** - in Annotated Readings in the History of Modern Psychology, 2009

**Chapter** | **Recommended**

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**Chapter 12** - in Psychology, by Ronald Comer, 2013

**Chapter** | **Recommended**

## Week 6 - Social Psychology & the Issue of Ethics (6 items)

Last weeks discussions lead us neatly on to discuss the issue of ethics in Psychology. This week we will look at some of the more controversial study's that have been conducted by psychologists and will explore what ethical standards psychologist are now required to adhere to as a result of such studies.

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**Code of Human Research Ethics**, by The British Psychological Society

**Document** | **Essential**

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**Sociocultural foundations** - in Psychology: six perspectives, by Fernald, D., c2008

**Chapter** | **Essential** | Scanned Extract (Module: X1024)

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**Chapters 1, 2, 10 & 11** - in Obedience to Authority: An Experimental View, by Stanley Milgram, 2010

**Chapter** | **Recommended** | This book is Stanley Milgram's own account of his work and is a valuable source of information. His study's are rightly critiqued for their poor ethics but it is important to remember this does not mean he ignored ethics and in fact, he went to some effort to ensure his participants were treated ethically. Philip Zimbardo's work (below reading) then went on to trump Milgram's study in terms of poor ethics.

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**The Lucifer effect: how good people turn evil**, by Philip G. Zimbardo, 2009

**Book** | **Background**

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**Haslam & Reicher (2005) Tyranny revisited - Groups, psychological well-being and the health of societies**

**Article** | **Background**

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**Replicating Milgram: Would people still obey today?** - in American Psychologist, by Jerry M. Burger, 2009

**Article**

## Week 7 - Freud & Psychoanalysis (5 items)

"Can you tell what I'm thinking?"... If you've ever been asked this question just after you've told someone that you study psychology, you may have wondered why everyone seems compelled to ask this. Why do people seem to think that Psychologists are cigar smoking mind readers who spend all our time talking to people on comfy chairs? Well it's most likely because (arguably) the most famous psychologist to have existed was Sigmund Freud and his "unique" brand of psychology gained him notoriety and left a lasting impression on the public mind. We will turn our attention to him this week.

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**Chapter 12 - Mental Illness and its Treatment** - in A History of Modern Psychology, by C.

James Goodwin, 2014

**Chapter** | **Essential** | This reading will take you through Freud's development, drawing attention to his biographical background and the impact that this had on his life and career.

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**Chapter 4: Psychoanalysis** - in Psychology: Six Perspectives, by Dodge Fernald, 2007

**Chapter** | **Essential**

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**Chapters 8 & 11** - in A History of Psychology: A Global Perspective, by Eric Shiraev, 2014

**Chapter** | **Recommended**

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**Freud: A Very Short Introduction**, by Anthony Storr, 2014

**Book** | **Background**

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**Chapter 21: Sigmund Freud (1887-1967): The Clark Lectures on Psychoanalysis** - in Annotated Readings in the History of Modern Psychology, 2009

**Chapter** | **Recommended**

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## Week 8 - A History of Mental Illness (3 items)

Following on from last week we will continue to explore the issue of mental health in the history of Psychology, this week moving on from the Psychoanalytic perspective.

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**Chapter 13 - Psychology's Practitioners** - in A History of Modern Psychology, by C. James Goodwin, 2014

**Chapter** | **Essential**

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**Chapter 24: Mary Cover Jones (1896-1987): Behavior Therapy** - in Annotated Readings in the History of Modern Psychology, 2009

**Chapter** | **Recommended**

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**Is mental illness real?**, by Jay Watts

**Article** | **Background** | This article summarises (with links to research evidence) current debates in the psychology / sociology of mental illness

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## Week 9 - Brain & Behaviour (6 items)

This week we will look back at how the brain has been studied over the centuries. It is sometimes now assumed that we have only been able to study the relationship between brain and behaviour with the advent of modern scanning technologies. However, the study of brain damage and its impact on behaviour goes back a long way and that is where we will start this week.

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**Chapter 3** - in Psychology: Six Perspectives, by Dodge Fernald, 2007

**Chapter** | **Essential**

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**Chapters 2, 3 & 6** - in A History of the Brain: From Stone Age Surgery to Modern Neuroscience, by Andrew Wickens, 2014

**Chapter** | **Essential**

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**Chapter 3 - The Scientific Context** - in A History of Modern Psychology, by C. James Goodwin, 2014

**Chapter** | **Recommended**

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**Chapter 4: Paul Broca (1824-1880): The Case of Tan** - in Annotated Readings in the History of Modern Psychology, 2009

**Chapter** | **Recommended**

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**Chapter 3** - in A History of Psychology: A Global Perspective, by Eric Shiraev, 2014

**Chapter** | **Background**

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**Introducing cognitive neuroscience** - in The student's guide to cognitive neuroscience, by Ward, J., 2010

**Chapter** | **Background** | Module: X1024 (Scanned Extract)

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## **Week 10 - Structuralism: The Origins of Psychology** (4 items)

Now that we've examined the major 20th century movements of Psychology and looked at some of the major areas and issues that have contributed to the disciplines development, we will go back to the very beginning. (Well the beginning that is usually cited as the beginning.)

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**Chapter 4 - Wundt & German Psychology** - in A History of Modern Psychology, by C. James Goodwin, 2014

**Chapter** | **Essential** | This reading will lead you through the development of the new Psychology in Germany in the 1800's, through it's "official" inception in Wilhelm Wundt's first psychology lab and the subsequent decline of the structuralist movement.

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**Chapter 4** - in A History of Psychology: A Global Perspective, by Eric Shiraev, 2014

**Chapter** | **Recommended**

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**Chapter 5: Wilhelm Wundt (1832-1920): A New Scientific Psychology** - in Annotated Readings in the History of Modern Psychology, 2009

**Chapter** | **Recommended**

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**Chapter 3: Biological Psychology** - in Psychology: Six Perspectives, by Dodge Fernald, 2007

**Chapter** | **Background**

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## **Week 11 - Where Are We Now? Where Are We Going?** (4 items)

This week we will tie everything we've looked at together and consider where the developments we've looked at over the weeks have led us. We will consider what Psychology is now as a result of it's past and what it means to be a 'Psychologist'.

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**Chapter 15 - Psychology in the 21st Century** - in A History of Modern Psychology, by C. James Goodwin, 2014

**Chapter** | **Essential**

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**Chapter 10** - in Psychology: Six Perspectives, by Dodge Fernald, 2007

**Chapter** | **Recommended**

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**Linking psychology's past and present** - in A history of modern psychology, by Goodwin, C.J., c2008

**Chapter** | **Essential** | Module: X1024 (Scanned Extract)

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**Chapter 13** - in A History of Psychology: A Global Perspective, by Eric Shiraev, 2014

**Chapter** | **Recommended**

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## Week 12 - The Assessment Preparation Session (1 items)

If you're nervous about the assessment, then this is your final chance to get some clarity or reassurance. If your not too bothered, still come to class as I'll be giving you instructions about what you have to do before you submit the assignment and about how you should submit it. I'll also be going over referencing in this session so be there and don't miss out on the excitement. There will be no excuses for poor referencing in the assignment.

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### X1024 - Assignment Marking Criteria

**Document** | **Essential** | This document provides the marking criteria that will be used to mark your assignment. It is therefore essential that you read this and then use it to self check your essay before you submit it.

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## Books Used in the Module (10 items)

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**A history of modern psychology**, by C. James Goodwin, 2015

**Book** | **Essential**

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**A history of psychology: a global perspective**, by Eric Shiraev, 2015

**Book**

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**A history of the brain: from stone age surgery to modern neuroscience**, by Andrew P. Wickens, 2015

**Book** | **Recommended**

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**Obedience to authority: an experimental view**, by Stanley Milgram, 2010

**Book**

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**A history of modern experimental psychology: from James and Wundt to cognitive science**, by George Mandler, 2011

**Book**

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**Fundamentals of Psychology**, by Michael W. Eysenck, 2014

Book

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**Psychology**, by Ronald J. Comer; Elizabeth Gould; Adrian Furnham, c2013

Book

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**Putting psychology in its place: critical historical perspectives**, by Graham Richards, 2010

Book

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**Putting psychology in its place: critical historical perspectives**, by Graham Richards, 2010

Book

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**The student's guide to cognitive neuroscience**, by Jamie Ward, 2015

Book

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**Chapter 8: From segregation to sterilization: Carrie Buck's story** - in IQ: How Psychology Hijacked Intelligence, by Murdoch, S., 2009

Chapter | Scanned Extract (Module: X1024)