

P1134 - Preparing for Physiotherapy Practice (Current Academic Year)

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46 items

Week 2 (5 items)

The resources in this section are split into two - essential and recommended. You should undertake the essential tasks and use the recommended to help you gain deeper and broader understanding of the module topics.

Week 2 - Essential Reading (2 items)

These materials should be reviewed during week 2 and used to help you address the questions identified on the Hub site.

What do compassion, dignity and respect mean to you? on Vimeo, Wednesday, December 10, 2014 at 7:46 AM EST

[Audio-visual document](#) | **Essential** | Watch the video and consider what ways in which we can convey compassion, dignity and respect

Professional values

[Webpage](#) | **Essential** | Read the blog by Dave Nicholls and consider what is meant by integrity and how do we show integrity as physiotherapy students.

Week 2 - Recommended reading (3 items)

The resources are intended to help you broaden your understanding of how physiotherapy has developed and what it means to be a professional

Professionalism in healthcare professionals, by Health and Care Professions Council, 2011

[Document](#) | **Recommended**

Physiotherapy as a profession: where are we now?...including commentary by McKeeken J and O'Hearn M - in International Journal of Therapy & Rehabilitation, by Kell C; Owen G, 2008

[Article](#) | **Recommended**

Physiotherapy and the shadow of prostitution: The Society of Trained Masseuses and the massage scandals of 1894 - in Social Science & Medicine, by David A. Nicholls; Julianne Cheek, 2006-5

[Article](#) | **Recommended**

Week 3 (9 items)

The essential reading is designed to help you undertake the preparation tasks for week 3. The recommended reading will help you to gain a broader perspective on the knowledge, skills, values and behaviours of a physiotherapist.

Week 3 - Essential reading (9 items)

TURAS online learning

[Website](#) | **Essential** | Complete the introductory and hand hygiene modules in the infection control area

HCPC guidance on conduct and ethics for students

[Webpage](#) | **Essential**

HCPC Standards of conduct, performance and ethics |

[Webpage](#) | **Essential**

HCPC Standards of proficiency - Physiotherapists |

[Webpage](#) | **Essential**

Code of Members' Professional Values and Behaviour | The Chartered Society of Physiotherapy

[Webpage](#) | **Essential**

What is professionalism? | The Chartered Society of Physiotherapy

[Webpage](#) | **Essential**

Week 3 - Recommended Reading (2 items)

Recommended reading aims to help you broaden and deepen your knowledge of the topics under discussion. By expanding your reading you will definitely improve your knowledge of physiotherapy.

Physiotherapy Framework (condensed version) | The Chartered Society of Physiotherapy

[Webpage](#) | **Recommended**

The responsibilities of being a physiotherapist - in Tidy's Physiotherapy, by Ceri Sedgley, 2013

[Chapter](#) | **Recommended**

Community physiotherapy or community-based physiotherapy - in Health Promotion Perspectives, by Pavithra Rajan, 2017-03-05

[Article](#)

Week 4 (6 items)

As you read the essential reading, make sure that you think about the questions identified on the Hub site

Week 4 - Essential reading (1 items)

The responsibilities of being a physiotherapist - in Tidy's Physiotherapy, by Ceri Sedgley, 2013

Chapter | **Essential** | Read pages 3 - 7 'Responsibilities of being a professional' AND pages 9 - 14 'Delivering safe and effective physiotherapy services'

Questions to help your active reading:

What does accountability mean for the way in which a physiotherapist practices?

How do the different elements of being a professional, contribute to quality of care?

Define autonomy and accountability?

How do concepts of clinical effectiveness and evidence based practice contribute to accountability?

Week 4 - Recommended reading (5 items)

Preparation for professional practice: evidence-base practice - in Preparing for Professional Practice in Health and Social Care, by Sally Spencer, 2009

Chapter | **Recommended** | Read Chapter 9 on evidence based practice

Quality Assurance Standards for physiotherapy service delivery, by Chartered Society of Physiotherapy, 2013

Webpage | **Recommended**

Home - Evidence Based Practice - QMULibGuides at Queen Margaret University, Edinburgh, by Queen Margaret University, Edinburgh, 2019

Webpage

Home - Referencing - QMULibGuides at Queen Margaret University, Edinburgh, by Queen Margaret University, Edinburgh, 2019

Webpage

Evidence based medicine: a movement in crisis? - in BMJ, by T. Greenhalgh; J. Howick; N. Maskrey, 2014-06-13

Article | An interesting challenge to the more traditional view of evidence based medicine

Week 5 (7 items)

Week 5 - Essential Reading (1 items)

Person-centred care made simple: What everyone should know about person-centred care, by The Health Foundation, 2016

Document | **Essential** | This reading is essential following the class to support your

understanding of person centred practice

Week 5 - Recommended reading (6 items)

There some interesting papers in here which will help you to deepen your understanding of person centred care

The specific goals of communication for health professionals: 1 Introductions and providing information - in Communication: core interpersonal skills for health professionals, by O'Toole, G., 2016

[Chapter](#) | Recommended

Physiotherapists need to engage in a person-centred ethics for better health - in European Journal of Physiotherapy, by Lundberg Mari, 2019-04-03

[Article](#) | Recommended

Perceptions of physiotherapy students of a person-centred approach in rehab... - in International Journal of Therapy & Rehabilitation, 2012

[Article](#) | Recommended

Why physiotherapy is not patient centred, by Dave Nicholls

[Webpage](#) | Recommended | Whilst blogs are not considered as good sources of evidence to support decision making in practice, they can be useful in hearing different opinions about topics.

Shared Decision Making — The Pinnacle of Patient-Centered Care - in The New England Journal of Medicine, by Barry, Michael JEdgman-Levitan Susan, Mar 1, 2012

[Article](#) | Recommended

The body and physiotherapy - in Physiotherapy Theory and Practice, by David A Nicholls; Barbara E Gibson, 2010-11

[Article](#) | Recommended | I would HIGHLY RECOMMEND that you read this article for a thought provoking view of the development of physiotherapy practice.

Week 7 (4 items)

Week 7 - Essential reading (1 items)

What is reflective practice? - in Beginning reflective practice, by Jasper, M., 2013

[Chapter](#) | Essential | Please read this section and consider the following questions:

- How can reflection help us to learn?
- What are the key elements of the reflective process

Week 7 - Recommended reading (3 items)

Professional development, reflection and decision-making in nursing and health care, by

Melanie Jasper; Megan Rosser; Gail P. Mooney; Georgina Koubel; Paul Elliott, 2013

[Book](#) | **Recommended**

Reflective Practice For Healthcare Professionals: A Practical Guide, by Beverley Taylor, 2010

[Book](#) | **Recommended**

Reflective Practice: Realising its potential - in Physiotherapy, by Lynn Clouder, 2000-10

[Article](#) | **Background**

Week 8 (3 items)

Week 8 - essential learning (1 items)

Safeguarding Adults - e-Learning for Healthcare

[Webpage](#) | **Essential**

Week 8 - Recommended reading (2 items)

Safeguarding Adults: a guide for health care staff, by NHS England, 2017

[Document](#) | **Recommended**

Adult Safeguarding: Roles and Competencies for Health Care Staff, by Royal College of Nursing, 2018

[Document](#) | **Recommended**

Week 9 (2 items)

Week 9 - Recommended reading (2 items)

"In the physio we trust": A qualitative study on patients' preferences for physiotherapy - in Physiotherapy Theory and Practice, by Susanne Bernhardsson; Maria E. H. Larsson; Kajsa Johansson; Birgitta Öberg, 2017-07-03

[Article](#) | **Recommended** | Might be useful for the assignment

Patient-centeredness in physiotherapy: What does it entail? A systematic review of qualitative studies - in Physiotherapy Theory and Practice, by Amarins J Wijma; Anouck N Bletterman; Jacqui R Clark; Sigrid C.J.M Vervoort; Anneke Beetsma; Doeke Keizer; Jo Nijs; C. Paul Van Wilgen, 2017-11-02

[Article](#) | **Recommended** | Might be useful for the assignment

Week 10 (7 items)

Week 10 - Essential reading (3 items)

Clinical Reasoning Strategies in Physical Therapy - in Physical Therapy, 2004-04-01

Article | **Essential** | Ensure that you at least read the introduction to this paper which outlines clinical reasoning. Ideally you will read the whole paper

Neuromusculoskeletal examination and assessment: a handbook for therapists, by Nicola J. Petty, 2011

Book | **Essential** | Read chapter 2, pages 3-22 on clinical reasoning and the subjective assessment

Principles of communication and its applications to clinical reasoning - in Principles of musculoskeletal treatment and management: a handbook for therapists, by Lisa Roberts; Neil Langridge, edited by Nicola J. Petty; Kieran Barnard, 2018

Chapter | **Essential** | Read chapter 9 - pages 209-216 (up to the end of Empathy section)

Week 10 - Recommended reading (4 items)

Musculoskeletal assessment - in Tidy's Physiotherapy, by Lynne Gaskell, 2013

Chapter | **Recommended**

Critical thinking, clinical reasoning, and clinical judgment: a practical approach, by Rosalinda Alfaro-LeFevre, 2017

Book | **Recommended** | Read chapter 1, pages 1-18 on critical thinking. Although this book is aimed at nurses, the content of this is very relevant to physiotherapy practice.

Tidy's physiotherapy, by Stuart B. Porter; Noël M. Tidy, 2013

Book | **Background** | See chapter 10 for an overview of the subjective assessment in MSK practice.

Clinical reasoning—embodied meaning-making in physiotherapy - in Physiotherapy Theory and Practice, by Anoop Chowdhury; Wenche Schrøder Bjorbækmo, 2017-07-03

Article | **Background** | An interesting article on clinical reasoning which also explores concepts of the biomedical and biopsychosocial models

Week 11 (2 items)

Record-keeping guidance, by Chartered Society of Physiotherapy

Document | **Recommended** | Scroll to bottom of page to PDF

Choosing walking equipment, by Disabled Living Foundation

Webpage | **Recommended**

Principles of musculoskeletal treatment and management: a handbook for therapists, edited by Nicola J. Petty; Kieran Barnard, 2018

Book