

P1137 - Contextualising Physiotherapy: Self, Health and Wellbeing (Current Academic Year)

[View Online](#)

P1137 - Contextualising Physiotherapy: Self, Health and Wellbeing

46 items

Patient-centred communication is associated with positive therapeutic alliance: a systematic review - Rafael Zambelli Pinto, Manuela L. Ferreira, Vinicius C. Oliveira, Marcia R. Franco, Roger Adams, Christopher G. Maher, Paulo H. Ferreira, 2012-06

Article

Introductory lecture (2 items)

Learning to be a physiotherapist: a metasynthesis of qualitative studies - Ingrid Lindquist, Margareta Engardt, Barbara Richardson, 2010

Article

The physiotherapy experience in private practice: The patients' perspective - Margaret Potter, Sandy Gordon, Peter Hamer, 2003

Article

Week 20 (5 items)

ACTIVITY 1 (1 items)

Reading/preparation to be done before second session in week 20

Psychology for nurses and the caring professions - Jan Walker, 2012

Book | Essential | pp.1-3 'What is psychology and why is it important in health care?' section

pp. 13-36 'The Perception of Self and Others' until page 35 (stop at the heading about 'Personality')

ACTIVITY 2 (4 items)

Each group has been allocated an article to read (see the grid below.)

☐☐ Think about how the article links with the directed reading above and how the reading improves your understanding of the significance of the article.

☐☐ Bring the article with you to class

Group 1 (1 items)

An Exploration of Physiotherapy Students' Perceptions of Older Adult Rehabilitation -
Carole Watkins, Jackie Waterfield, 2010

[Article](#) | **Essential** | GROUP 1 READING ONLY

Group 2 (1 items)

Physiotherapists demonstrate weight stigma: a cross-sectional survey of Australian physiotherapists - Jenny Setchell, Bernadette Watson, Liz Jones, Michael Gard, Kathy Briffa, 2014

[Article](#) | **Essential** | GROUP 2 READING ONLY

Group 3 (1 items)

Palliative cancer patients in the acute hospital setting - Physiotherapists attitudes and beliefs towards this patient group - Helen N. Taylor, Karen Bryan, 2014

[Article](#) | **Essential** | GROUP 3 READING ONLY

Group 4 (1 items)

Influencing physiotherapy student attitudes toward exercise for adolescents with Down syndrome - Nora Shields, Andrea Bruder, Nicholas Taylor, Tom Angelo, 2011

[Article](#) | **Essential** | GROUP 4 READING ONLY

Week 21 (6 items)

ACTIVITY 1 (5 items)

Bring these papers with you to refer to in Monday's session (2 items)

Learning physiotherapy in clinical practice: Student interaction in a professional context - Anne Kari Skøien, Unni Vågstøl, Arild Raaheim, 2009

[Article](#) | Essential

Development pathways in learning to be a physiotherapist. - Lindquist I; Engardt M; Garnham L; Poland F; Richardson B, 2006

[Article](#) | Essential

Section: How do students learn?

[Chapter](#) | Essential | Read pages 21-28 from How do students learn? (stop at the heading Teaching and approaches to learning)

Personal Development Plan - NHS Scotland

[Webpage](#) | Essential

Continuing professional development and your registration - HCPC - Health and Care Professions Council, 2017

[Webpage](#) | Essential

ACTIVITY 2 (1 items)

Extract - The subject experience of illness - Reynolds, F.

[Chapter](#) | Essential | Module: P1137 (Scanned Extract)

Week 22 (3 items)

Concepts and theories (3 items)

Below are some concepts and theories in learning and teaching and physiotherapy that you may apply to your case study and session that you are designing:

Standards of conduct, performance and ethics - Health Care Professions Council (HCPC), 2016

[Webpage](#) | Recommended

Guidance on Conduct and Ethics for Students - Health Care Professions Council (HCPC), 2016

[Webpage](#) | Recommended

Assessing therapeutic relationships in physiotherapy: literature review. - Besley, Jessica; Kayes, Nicola M; McPherson, Kathryn M, 2011

[Article](#) | Recommended

HEALTH (8 items)

Week 23 (5 items)

International classification of functioning, disability and health (ICF) - World Health Organisation, 2016

[Webpage](#)

Do biomedical models of illness make for good healthcare systems? - Derick T. Wade, Peter W. Halligan, 2004

[Article](#)

Towards a Common Language for Functioning, Disability and Health, ICF - WORLD HEALTH ORGANIZATION, 2002

[Webpage](#)

The Intellectual Disability Rights Movement and the ICF - Rachel Hurst, 2003

[Article](#)

Ability or disability? Strengths-based practice in the area of traumatic brain injury - Allison Rowlands, 2001

[Article](#)

Week 24 (3 items)

Beginning reflective practice - Melanie Jasper, 2013

[Book](#) | Recommended

Adventure's with Parkinson's: Empowering Parkinson's patients to become active partners in research and treatment - A. Williams, K. Bowler, B. Wright, 2017

[Article](#)

Feeling Lovely: An Examination of the Value of Beauty for People Dancing with Parkinson's
- Sara Houston, 2015

Article

Week 25

Week 26 Communication and feedback (6 items)

Patient-centred communication is associated with positive therapeutic alliance: a systematic review - Rafael Zambelli Pinto, Manuela L. Ferreira, Vinicius C. Oliveira, Marcia R. Franco, Roger Adams, Christopher G. Maher, Paulo H. Ferreira, 2012-06

Article

Do changes to patient-provider relationships improve quality and save money? | The Health Foundation

Webpage

Teach-back

Webpage

Ask Me 3

Webpage

Chua (2018) How to Give Constructive Criticism: 6 Helpful Tips. Online Blog:

Webpage

Mindful Nation UK

Webpage

WELLBEING (8 items)

Week 26

Week 27 (7 items)

'Flourishing - a new understanding of wellbeing' at Happiness & Its Causes - Martin Seligman, 2012

Audio-visual document

Wheel of Well-being

Website

Wow Strategy

Webpage

Evidence Mounts That Mindfulness Breeds Resilience | Greater Good Magazine - Tom Jacobs

Webpage

Dr Danny Penman on Mindfulness - Danny Penman, 30/6/2012

Audio-visual document

Mindfulness Meditation Breathing anchor - 27/7/2016

Audio-visual document

In search of (my) personhood: Professor Brendan McCormack at TEDxUWS - 20/1/2014

Audio-visual document

Week 28 (1 items)

Person-Centred Practice in Nursing and Health Care : Theory and Practice - Brendan McCormack , and Tanya McCance, 2016

Book | Please note the pages we would like you to focus on in your Directed Learning guidance

Week 29

The psychological and social impact of illness and disability - Irmo Marini, Mark A. Stebnicki , 2012

Book

Physiotherapy: a psychosocial approach - Sally French, Julius Sim, 2004

Book

Perspectives on disability & rehabilitation: contesting assumptions, challenging practice - Karen Whalley Hammell, 2006

Book

Contexts of physiotherapy practice - Joy Higgs, 2008

Book

Person-centred practice in nursing and health care: theory and practice - 2017

Book

Assessing Therapeutic Relationships in Physiotherapy: Literature Review - Besley, Jessica, BHSc, BSc, NZRPKayes, Nicola M, BSc, MSc, PhDMcPherson, Kathryn M, RN, BA, PhD, Jul 2011

Article

Extract - Interpersonal communication - Swain, J.

Chapter | Module: P1137 (Scanned Extract)